



ESCUELAS OFICIALES DE IDIOMAS DEL PRINCIPADO DE ASTURIAS

PRUEBA ESPECÍFICA DE CERTIFICACIÓN DE NIVEL INTERMEDIO B2 DE INGLÉS SEPTIEMBRE 2024

Comisión de Evaluación de la EOI de

COMPRENSIÓN DE TEXTOS ESCRITOS

Table with 2 columns: Calificación /10 puntos, N.º de respuestas correctas /25

Apellidos:
Nombre:
DNI/NIE:

LEA LAS SIGUIENTES INSTRUCCIONES

A continuación va a realizar una prueba que contiene tres ejercicios de comprensión de textos escritos. Los ejercicios tienen la siguiente estructura: se presentan unos textos y se especifican unas tareas que deberá realizar en relación a dichos textos. Las tareas o preguntas serán del siguiente tipo:

- Opción múltiple: preguntas o frases incompletas, seguidas de una serie de respuestas posibles o de frases que las completan. En este caso deberá elegir la respuesta correcta rodeando con un círculo la letra de su opción en la HOJA DE RESPUESTAS. Sólo una de las opciones es correcta.

Ejemplo:

1 A B C

Si se confunde, tache la respuesta equivocada y rodee la opción que crea verdadera.

1 X B C

- Pregunta de relacionar. Se presentan una serie de proposiciones que deberá relacionar con su respuesta correspondiente de entre las proporcionadas. En este caso deberá elegir la respuesta correcta y escribir la letra de su opción en la HOJA DE RESPUESTAS. Sólo hay una combinación correcta entre pregunta y respuesta.

Ejemplo:

1 A B C D E

Si se confunde, tache la respuesta equivocada y rodee la opción que crea verdadera.

1 X B C D E

- Pregunta de completar. Se presenta un texto de diez huecos (numerados del 1 al 10) en los que faltan diez palabras. Se proporcionan tres opciones para completar cada hueco del texto (A, B o C). Deberá elegir la opción correcta rodeando con un círculo la letra de su elección en la HOJA DE RESPUESTAS. Sólo una de las tres opciones es correcta.

Ejemplo:

1 A B C

Si se confunde, tache la respuesta equivocada y rodee la opción que crea verdadera.

1 X B C

En total, deberá contestar a 25 preguntas. Cada una de ellas vale 0,4 puntos sobre un total de 10. La calificación se obtendrá al multiplicar el número de respuestas correctas por 0,4 expresando el resultado con un decimal. Antes de responder a las preguntas, lea atentamente las instrucciones de cada ejercicio. Dispone de 55 minutos para responder todas las preguntas de los ejercicios que componen la prueba. Utilice únicamente bolígrafo azul o negro y asegúrese de que su teléfono móvil y dispositivos electrónicos estén desconectados durante toda la prueba. Trabaje concentradamente, no hable ni se levante de la silla. Si tiene alguna duda, levante la mano y espere en silencio a que el/la profesor/a se acerque a su mesa. Espere a que le indiquen que PUEDE EMPEZAR.

HOJA DE RESPUESTAS

EJERCICIO 1: HOW TO GET STARTED ON YOUR DIGITAL DETOX

Espacio reservado para la persona correctora

1	A	B	C	
2	A	B	C	
3	A	B	C	
4	A	B	C	
5	A	B	C	
6	A	B	C	
7	A	B	C	
8	A	B	C	

EJERCICIO 2: LIFE-CHANGING INCIDENTS

Espacio reservado para la persona correctora

9	A	B	C	D	E	
10	A	B	C	D	E	
11	A	B	C	D	E	
12	A	B	C	D	E	
13	A	B	C	D	E	
14	A	B	C	D	E	
15	A	B	C	D	E	

EJERCICIO 3: THE EVOLUTION OF DIET

Espacio reservado para la persona correctora

16	A	B	C	
17	A	B	C	
18	A	B	C	
19	A	B	C	
20	A	B	C	
21	A	B	C	
22	A	B	C	
23	A	B	C	
24	A	B	C	
25	A	B	C	

EJERCICIO 1

HOW TO GET STARTED ON YOUR DIGITAL DETOX

Adapted from: <https://www.webmd.com>

Read this article about how to get started on your digital detox. For questions (1-8) choose the correct option (A-C) as in example 0. Only ONE answer is possible.

DO NOT FORGET TO TRANSFER ALL YOUR ANSWERS TO THE ANSWER SHEET.

If you think tech use is affecting your physical and mental well-being, taking time away from things you need to get done, or both, it may be time for a digital detox. You don't have to quit your devices altogether -- just do what works best for your lifestyle. This could mean setting your phone aside for a few hours now and then, exploring how much you really need to use it, or disconnecting completely from the internet for a day or more.

Pay attention to your emotions when you use your phone. Be mindful of your phone use to better understand the relationship you have with your device. Ask yourself why you're using your phone at different times. Is it boredom? Do you need it for work? Do you feel like you're missing out on what others have? Does checking your phone make you feel better or worse? Experts say getting a better sense of your emotions can help you control your phone use better. If it's taking a toll, try to cut back on the amount of time you use it every day.

Schedule a break from your phone. If you're obsessively using your smartphone and you suspect addictive behaviour, one way to detox would be to block out time intervals to check your phone. For example, try to check your phone only every 15 or 30 minutes. Experts say an easy rule to follow would be to keep your phone away during mealtimes. This can help you focus on your surroundings. If you have a hard time resisting your phone, try to keep it out of sight in a different room or out of easy reach so you can focus on your food. Or you could set times that you won't use it, like when you're out for a walk, at a social gathering, or after a certain hour at night.

Use apps to track your usage. Want to track how much you use your phone daily? If your phone can't do it for you, there's an app for that. Some apps can also block your access to social media sites for a time or give you a detailed report on what you're spending too much time on. This can help limit your reliance on your phone and take back some control.

Disconnect at night before bedtime. Since phone use can disrupt your sleep patterns, try to disconnect or switch off your phone before you go to bed or set a time like 9 p.m. or 10 p.m. to unplug. This will help you get into a routine to go to bed and improve sleep.

Turn off notifications. If you find yourself responding to every text alert, email, or ping from your social media apps, it may be a good idea to shut off the notifications in your phone settings. This can help curb the urge to respond to every noise it makes. You can also try the do not disturb function.

If you feel like your smartphone addiction is disrupting your day-to-day life and you're unable to take back control or unsure how to get started, talk to your doctor or a therapist. They may help you come up with solutions that work best for your lifestyle.

EJERCICIO 2**LIFE-CHANGING INCIDENTS**

Adapted from: <https://scoop.upworthy.com/>

Read what five people say about life-changing incidents. Match sentences (9-15) with people (A-E) as in example 0. People (A-E) can be repeated MORE THAN ONCE.

DO NOT FORGET TO TRANSFER ALL YOUR ANSWERS TO THE ANSWER SHEET.

A: The water main leading into the house burst, requiring the contractors to lay a new pipe from the street into the first floor. I had to clear everything out, and then go get jugged water to last a week for a family of 4. I asked to take the afternoon off work so I could take care of this, and they said it would be a write-up for an unexcused absence. This pissed me off to no end because I had recouped hundreds of thousands of dollars that my predecessor had lost. Not really intend to quit, so I impulsively applied for jobs to release some steam. Surprisingly, I secured a new job with a salary increase, the option to work from home, and complete flexibility in my schedule.

B: Solo backpacking down the east coast of Africa. After several months I met a guy in the street and we struck up a conversation. He offered me a free ferry ticket to Zanzibar as for some reason he could no longer go; this was somewhere I'd wanted to go to but wasn't really in my budget. This was like a five-minute conversation and I never saw Madi again, but he gave me the ferry ticket. The first person I met at the youth hostel in Zanzibar was a girl from my home country. She had lost her confidence in solo traveling a bit after being robbed a few days earlier. I offered to stick with her for a few days while she got back on her feet. I never thought I had any kind of chance with her as she was so out of my league in every conceivable way. I was just happy to explore the island and be the friend of such a beautiful and interesting girl. Last January was our 25th wedding anniversary and our son recently turned 22.

C: When I was younger I had a neurological condition called hydrocephalus, which required me to have a shunt in my brain to keep me alive, and every few years it would break or get infected and have to be replaced. About 20 years ago I developed an infection that my neurosurgeon refused to take seriously, so it wasn't properly diagnosed for about two years after I moved away from that hospital and ended up in the Emergency Room. Thanks to some faulty medical equipment that by some weird coincidence wasn't doing its job properly, while I waited for surgery we discovered that I wasn't actually using my shunt and I didn't need it anymore. So surgery was cancelled and once the infection cleared up I was sent home. I'm now 15 years surgery-free and as much as I hate the way it happened, I wouldn't change a thing because if it had happened any other way I would have just had another brain surgery, and then another, and so on.

D: I was working in a large state park as a guide/docent while finishing up my geology degree. I was only interested in science. I was talking about rock types, Earth's crust, and whatnot. It got cold and windy fast, and snow started coming down and soaking my clothes. I was not prepared and slipped into a cabin I came across that I thought would be empty. It wasn't. There was a historical interpreter doing traditional chair seat weaving in the cabin. Fire in the hearth and all. He said, "Take your shoes off and stay a while." Let's just say "multiple" years later, I own one of the most respected furniture restoration businesses in the state and specialize in antique Appalachian rockers. I go back to the cabin once a month to relax. I took my shoes off and stayed a while.

E: A good friend of mine was struck by a car and killed. This allowed me to look at my life with a new perspective: if I was hit by a car and killed, would I be happy with what I did with my life? The answer was “no”. So I sold everything I owned and moved across the country to New York City with three suitcases. It’s been the best decision I’ve ever made. I’m so much happier, I’ve met the love of my life, and the only regret I have is wondering why I didn’t do this sooner.

EJERCICIO 3

THE EVOLUTION OF DIET

Adapted from: <https://www.nationalgeographic.com>

Read the following text and choose one option (A-C) to fill the spaces 16-25 as in example 0. Only ONE option is possible.

DO NOT FORGET TO TRANSFER ALL YOUR ANSWERS TO THE ANSWER SHEET.

The world faces a pressing question as it looks to **0.** _____ an additional two billion people by 2050: What is the most sustainable diet? The choices we make will **16.** _____ impact the planet, with diets centered around meat and dairy straining resources more than those emphasizing unrefined grains, nuts, fruits, and vegetables. Scientists are intensifying efforts to study the diets of remaining hunter-gatherer populations, like Tanzania's Hadza people, to understand the health benefits of their traditional lifestyles.

Contrary to the popular notion of a **17.** _____ Paleolithic diet, recent studies suggest that ancient humans had diverse diets, relying **18.** _____ both meat and plant-based foods. The development of agriculture around 10,000 years ago marked a significant shift, leading to less diverse and less nutritionally rich diets for early farmers compared **19.** _____ hunter-gatherers. The adoption of cooking further transformed human diets, providing pre-digested, energy-rich foods that aided brain development.

20. _____ there is no one-size-fits-all ideal diet for humanity, the shift to **21.** _____ foods worldwide contributes to the rising epidemic of obesity and related **22.** _____. Emphasizing local fruits, vegetables, modest meat and fish consumption, whole grains, and regular exercise **23.** _____ offer health benefits for individuals and the planet.

In conclusion, **24.** _____ the evolution of human diets reveals the complexity of our culinary history. Adapting our food choices to diverse environments and incorporating lessons from traditional diets could **25.** _____ healthier and more sustainable living.

EJERCICIO 1

HOW TO GET STARTED ON YOUR DIGITAL DETOX

- 0 The recommended approach in the text suggests that if you perceive technology is impacting your well-being, you should...**
- A fully embrace technological advancements
 - B completely abstain from using electronic devices
 - C find a balance that aligns with your daily routines
- 1 Understanding your connection with your device is crucial to...**
- A intensify phone usage
 - B gain control over phone use
 - C foster increased dependency on your device
- 2 To set boundaries with smartphone usage, consider...**
- A scheduling specific intervals
 - B discreetly monitoring the phone
 - C increasing phone use during mealtimes
- 3 It is advisable to establish specific times to refrain from using your phone...**
- A throughout all tasks
 - B only during mealtimes
 - C when engaged in various situations
- 4 Apps can facilitate a digital detox by...**
- A intensifying reliance on the phone
 - B encouraging increased phone usage
 - C denying access to social media platforms
- 5 Disconnecting before bedtime is recommended because it...**
- A disrupts sleep patterns
 - B enhances sleep quality
 - C encourages late-night usage
- 6 To minimize distractions during the day, consider...**
- A disabling notifications
 - B promptly addressing urgent alerts
 - C selectively enabling important notifications
- 7 Seeking professional help for smartphone addiction is necessary when...**
- A it enhances daily life
 - B you feel overwhelmed
 - C you want more screen time

- 8 A doctor or therapist can help in managing smartphone addiction by...**
A hindering your choices
B encouraging excessive phone use
C providing solutions tailored to your needs

EJERCICIO 2

LIFE-CHANGING INCIDENTS

Who...?

0	acted on their impulse just to alleviate stress	A
9	despises the course of events but wouldn't opt for a change	
10	lingered to support someone else who felt vulnerable	
11	returns to the origin point of their transformation to unwind	
12	started their change with the tragic event of a friend being hit	
13	sneaked in a place without thinking that someone else might be inside	
14	thought there was no possibility of flirting with another person	
15	wishes they had made their decision earlier	

EJERCICIO 3

THE EVOLUTION OF DIET

0	A. deprive	B. fed	C. <u>feed</u>
16	A. marginally	B. significantly	C. substantial
17	A. meat-centric	B. meatloaf	C. unmeat
18	A. in	B. of	C. on
19	A. in	B. of	C. to
20	A. despite of	B. otherwise	C. while
21	A. convenient	B. processed	C. untreated
22	A. diseases	B. dismisses	C. wellness
23	A. could	B. have to	C. mustn't
24	A. understand	B. understanding	C. understood
25	A. block the path for	B. hinder the progress for	C. pave the way for

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