



ESCUELAS OFICIALES DE IDIOMAS DEL PRINCIPADO DE ASTURIAS

PRUEBA ESPECÍFICA DE CERTIFICACIÓN DE NIVEL INTERMEDIO B2 DE INGLÉS

CONVOCATORIA JUNIO 2024

Comisión de Evaluación de la EOI de

COMPRENSIÓN DE TEXTOS ESCRITOS

Calificación	/10 puntos
N.º de respuestas correctas	/25

Apellidos: _____
Nombre: _____
DNI/NIE: _____

LEA LAS SIGUIENTES INSTRUCCIONES

A continuación va a realizar una prueba que contiene **tres ejercicios de comprensión de textos escritos**. Los ejercicios tienen la siguiente estructura: se presentan unos textos y se especifican unas tareas que deberá realizar en relación a dichos textos. Las tareas o preguntas serán del siguiente tipo:

- **Opción múltiple: frases incompletas**, seguidas de una serie de frases que las completan. En este caso deberá **elegir la respuesta correcta** rodeando la letra de su opción en la **HOJA DE RESPUESTAS**. **Sólo una de las opciones es correcta.**

Ejemplo:

1	A	B	C
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Si se confunde, tache la respuesta equivocada y rodee la opción que crea verdadera.

1	A	B	(C)
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- **Pregunta de relacionar**. Se presenta una serie de preguntas que deberá relacionar con su respuesta correspondiente de entre las proporcionadas. En este caso **deberá elegir la respuesta correcta** y rodearla letra de su opción en la **HOJA DE RESPUESTAS**. **Sólo hay una combinación correcta entre pregunta y respuesta.**

Ejemplo:

1	A	B	C
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Si se confunde, tache la respuesta equivocada y rodee la opción que crea verdadera.

1	A	B	(C)
---	--------------	---	-----

- **Pregunta de completar**. Se presenta un texto con huecos. Se proporcionan tres opciones para completar cada hueco del texto. Deberá **elegir la opción correcta** rodeando con un círculo la letra de su elección en la **HOJA DE RESPUESTAS**. **Sólo una de las tres opciones es correcta.**

Ejemplo:

2	A	B	C
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Si se confunde, tache la respuesta equivocada y rodee la opción que crea verdadera.

2	A	B	(C)
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En total, deberá contestar a **25 preguntas**. Cada una de ellas vale **0,4 puntos sobre un total de 10**. La calificación se obtendrá al multiplicar el número de respuestas correctas por 0,4 expresando el resultado con un decimal. Antes de responder a las preguntas, lea atentamente las instrucciones de cada ejercicio.

Dispone de **55 minutos** para responder todas las preguntas de los ejercicios que componen la prueba.

Utilice únicamente **bolígrafo azul o negro** y asegúrese de que su **teléfono móvil** y **dispositivos electrónicos** estén **desconectados** durante toda la prueba. Trabaje concentradamente, **no hable ni se levante** de la silla. Si tiene alguna duda, levante la mano y espere en silencio a que el/la profesor/a **se acerque a su mesa**. **Espere a que le indiquen que PUEDE EMPEZAR.**

HOJA DE RESPUESTAS

EJERCICIO 1: FIVE WAYS TO COPE WITH STRESS

EJERCICIO 1: FIVE WAYS TO COPE WITH STRESS				Espacio reservado para la persona correctora
1	A	B	C	
2	A	B	C	
3	A	B	C	
4	A	B	C	
5	A	B	C	
6	A	B	C	
7	A	B	C	
8	A	B	C	

EJERCICIO 2: IDENTITY-THEFT STORIES

EJERCICIO 2: IDENTITY-THEFT STORIES					Espacio reservado para persona correctora
1	A	B	C	D	
2	A	B	C	D	
3	A	B	C	D	
4	A	B	C	D	
5	A	B	C	D	
6	A	B	C	D	
7	A	B	C	D	

EJERCICIO 3: A STASH OF GOLD

EJERCICIO 3: A STASH OF GOLD				Espacio reservado para la persona correctora
1	A	B	C	
2	A	B	C	
3	A	B	C	
4	A	B	C	
5	A	B	C	
6	A	B	C	
7	A	B	C	
8	A	B	C	
9	A	B	C	
10	A	B	C	

EJERCICIO 1

FIVE WAYS TO COPE WITH STRESS

Adapted from Reader's Digest.

Read this article about five ways to cope with stress. For questions (1-8) choose the correct option (A-C) as in example 0. Only **ONE** answer is possible.

DO NOT FORGET TO TRANSFER ALL YOUR ANSWERS TO THE ANSWER SHEET.

Eat Well

It's hardly surprising that anxiety is one of the most common mental health issues across Canada. Although stress is unavoidable, there are practical ways to reduce the fears and worries that can leave you feeling irritated, on edge and exhausted.

Toronto naturopath Pamela Frank recommends eating protein with each meal to keep blood sugar levels stable, cutting down on caffeine and restricting your intake of refined sugar. There are also vitamins and supplements you can take to improve brain function, nourish the adrenal gland's ability to cope with stress and anxiety, and increase the body's production of serotonin, which affects mood. Frank recommends B vitamins, fish oils and magnesium supplements. (This is the healthiest fish you can eat.)

Move More (But at the Right Time)

While regular exercise is a great way to combat stress, try to work out midway through rather than late in the day; too much stimulation close to bedtime can affect your ability to sleep, Frank says. If you've ever felt that "runner's high" that people describe, it can be explained by your body's release of endorphins, which help to reduce anxiety, improve your mood and even create a sense of euphoria.

Identify Triggers

While it often isn't possible to eliminate stressors altogether, there are ways to cut back on stress. To begin, you need to identify what is causing stress in your life, and then look for ways to reduce them. For instance, you likely can't quit your job altogether, but perhaps you can cut back on the hours you work or negotiate a more flexible work schedule with your boss.

Try Relaxation Techniques

Relaxation and breathing exercises, yoga, mindfulness meditation, Tai Chi, prayer and even massage are also useful ways to cope with stress. Mindfulness meditation can be particularly helpful, says cognitive behaviour therapist Kim Wickwire, because it helps you to "cultivate an ability to watch your thoughts in a detached way and discern what's worth your attention" rather than simply worrying about everything.

Need to de-stress, but don't have the time? Take one minute for yourself; close your eyes, breathe deeply and focus on your pulse and the blood rushing through your veins. That one minute will help you take your stress down a notch.

Consider Psychotherapy

When learning how to handle anxiety, a therapist can provide added support, help you to develop insight into your problems and come up with your own solutions. When looking for a therapist, keep in mind that a trusting relationship is often even more important than the type of therapy you choose, according to stress relief consultant Ronnie Nijmeh.

Of the approaches that do exist, cognitive behaviour therapy is considered by many experts as the best way to treat anxiety because of its focus on coping strategies and on identifying and changing negative thoughts and beliefs, says Wickwire. While antidepressants are sometimes also prescribed to cope with extreme anxiety and the depression that often accompanies it, medication tends to be more successful when used in combination with psychotherapy.

EJERCICIO 2

IDENTITY-THEFT STORIES

Adapted from BuzzFeed

Read what four people say about their experiences of identity theft. Match sentences (1-7) with people (A-D) as in example 0. People (A-D) can be repeated twice.

DO NOT FORGET TO TRANSFER ALL YOUR ANSWERS TO THE ANSWER SHEET.

A.

In 2008, my sister was pregnant with my nephew. She was driving unlicensed, unregistered, and uninsured, and got pulled over. She had a warrant out for traffic tickets a year prior. When the police officer asked for her information, she gave my name, my birthday and my address. So she got her three tickets in my name and went home." Four years later, I was with a friend and he got pulled over. My name was run and the tickets came up, but now they were warrants for my arrest. Six of them. Three for the original tickets and three for failure to appear at court."

"Seven years later, my sister tells me she did it so she wouldn't go to jail. So my husband made a few calls for me and since it had been so long after the fact, the warrants and tickets were taken off my record. I am free and clear now, but I'm still horrified I will go to jail if I'm ever pulled over again. My sister has since apologized but I am still pretty salty about it."

B.

"I had my identity stolen when I was 18 years old. The perpetrators: my own father and his girlfriend. He used my information to obtain electricity, gas, cable/internet and credit cards. I was in high school when it started and didn't realize it until I started getting calls about past-due bills. When I tried to buy a car, my credit was ruined."

"I'm 33 now and I'm dealing with having to remove things from my credit report and prove to courts that it wasn't actually me who created the debt. It's a nightmare. I'll never get any money for it and I'll continue to waste my time going to mediation to resolve these issues. I've contemplated filing for bankruptcy just to make it all go away."

C.

Someone took access of my phone line and transferred it to a new phone, and lost service on my phone completely. I luckily was able to get Wi-Fi and found out this individual was trying to change my passwords on all my accounts by using the phone authentication since they had access to my phone line."

"This person went as far as to call my bank and pretend to be me to allow a transaction to go through since my bank blocked it. This person had access to my bank service app and email, all in a matter of minutes. I had to call my carrier to cancel the phone number and quickly unlink all my accounts that had my phone attached to it."

"I ended up having to get all-new bank accounts, file a police report, add additional security to my accounts, get a new phone number and deal with the anxiety of it happening again. They never caught the person but I now know more ways to protect my accounts and don't use any phone authentication with important apps."

D.

"Soon after starting grad school, I started getting strange charges on my debit and credit cards. I contacted my banks every time I got a fraudulent charge and they cancelled the stolen card and sent me a new card with a new number each time. I was convinced my laptop or phone was bugged somehow and that was how the thief was stealing my identity."

Eventually, my credit card company called me and asked if I knew anyone named [redacted]. I said yes, she's my roommate. They told me that every single fraudulent charge that was made had her name and our shared address as the shipping address. It turned out it was my roommate stealing my identity all along. Our bedroom doors didn't lock so she must have been sneaking into my room when I was showering and taking pictures of my credit cards."

"She spent over \$3,000 in charges. The Philadelphia police did nothing to help me, even though I contacted them once I figured it out. Luckily, I was living in university dorms and since this crime happened on campus, my school did a conduct hearing. She was found guilty on two charges: theft and impersonating another member of the community. She was expelled."

EJERCICIO 3**A STASH OF GOLD***Adapted from The Telegraph*

Read the following text and choose one option (A-C) to fill the spaces as in example 0. Only **ONE** option is possible.

DO NOT FORGET TO TRANSFER ALL YOUR ANSWERS TO THE ANSWER SHEET.

British officials say they've been unable to **0.** _____ the rightful heirs to a trove of gold coins found stashed inside a piano and **1.** _____ a "life-changing" amount of money.

The school that owns the piano and the tuner who found the gold are now in line for a windfall after a coroner **2.** _____ the find declared it treasure. But a couple who owned the piano for three decades before donating it to their local school will likely miss out.

Coroner John Ellery said on Thursday that, **3.** _____ a public appeal for information, "we simply do not know" who concealed the coins.

The hoard was discovered last year when the piano was sent **4.** _____ in Shropshire, central England. Under the keyboard were 913 gold sovereigns and half-sovereigns minted in the 19th and early 20th centuries. Piano tuner Martin Backhouse said when he found the pouches and slit open the stitching, thought: "Ooh, it looks like there's rather a lot of gold in this."

The trove, **5.** _____ weight is 6 kilograms (13 pounds), **6.** _____ been formally valued yet. But Peter Reavill of the British Museum has said it is probably really valuable.

Revenue from items declared "treasure" is generally **7.** _____ between the owner — in this case, the Bishops Castle Community College — and the finder.

The piano was owned for 33 years by Graham and Meg Hemmings, who donated it last year to the school near their home. But Meg Hemmings said she's not bitter **8.** _____ the treasure that was right under her **9.** _____ .

"The sadness is, it's not a complete story," she said. "They've looked and searched for the people and they unfortunately haven't **10.** _____ .

"It's an incomplete story — but it's such an exciting story!"

EJERCICIO 1**FIVE WAYS TO COPE WITH STRESS**

0. In the first paragraph, the author points out that...

A. stress can be tamed

- B. escaping from stress is manageable
- C. it's impossible for certain people to reduce stress

1. According to Pamela Frank protein...

- A. can stimulate your brain
- B. can lower blood sugar levels
- C. can prevent blood sugar spikes

2. According to Frank, regular exercise...

- A. can be harmful in some cases
- B. is always more effective after midday
- C. always helps you to get a good night's sleep

3. In the fourth paragraph, the article mentions that you could relieve stress by...

- A. resigning if you aren't satisfied in your job
- B. avoiding situations that make you feel stressed
- C. considering some possible changes in your workplace

4. According to Kim Wickwire, mindfulness meditation...

- A. doesn't work for everybody
- B. allows you to identify your most serious problems
- C. helps you analyse your problems from a more objective perspective

5. If you want to de-stress...

- A. one minute is enough to make stress disappear
- B. you don't need to devote a lot of time to that activity
- C. quite a lot of time is needed to appreciate relevant changes

6. If you want to find a good therapist...

- A. it's fundamental that the person is specialised in a certain area
- B. you should choose a person you can place your confidence in
- C. that person should provide a suitable and personalised treatment

7. Cognitive behaviour therapy...

- A. insists on avoiding negative thoughts
- B. aims at transforming negative thoughts and beliefs
- C. recommends embracing pessimistic thoughts and beliefs

8. The use of medication to treat anxiety...

- A. isn't usually effective on its own
- B. is only recommended in certain extreme cases
- C. isn't necessary when having psychological counselling

EJERCICIO 2

IDENTITY-THEFT STORIES

Who says...? A, B, C or D?

0	This person has discovered more ways to keep his/her accounts safe	C
1	The police weren't willing to help him/ her with his/ her problem	
2	His/her identity was stolen to obtain various services	
3	Someone used his/her identity not to end up in prison	
4	He/she is still trying to clear his/her name	
5	He/she has not forgiven his/her impersonator	
6	He/she believed his/her computer had been hacked	
7	His/her electronic device had been used to make unauthorised transactions	

EJERCICIO 3

A STASH OF GOLD

0	A. encounter	B. search	C. <u>trace</u>
1	A. worth	B. worthwhile	C. worthy
2	A. investigating	B. overlooking	C. researching
3	A. although	B. despite	C. in spite
4	A. for be tuned	B. for tune	C. for tuning
5	A. of which	B. which	C. whose
6	A. hasn't	B. isn't	C. wasn't
7	A. slashed	B. slit	C. split
8	A. because not having found	B. for having not found	C. for not having found
9	A. face	B. mouth	C. nose
10	A. come forward	B. come off	C. come out

DL: AS-00143-2024