

CERTIFICADO DE NIVEL INTERMEDIO B1 DE INGLÉS

CONVOCATORIA ORDINARIA PARA POBLACIÓN
ESCOLAR - CURSO 2022/23

COMPRENSIÓN DE TEXTOS ESCRITOS

CUMPLIMENTE LOS SIGUIENTES DATOS:

APELLIDOS: _____

NOMBRE: _____

CENTRO ESCOLAR: _____

INSTRUCCIONES:

DURACIÓN: 60 minutos

- Esta prueba consta de tres tareas. Lea las instrucciones al principio de cada tarea y realícela según se indica.
- Las respuestas escritas a lápiz o en tinta roja no se calificarán.
- No está permitido el uso del diccionario.
- El uso de cualquier dispositivo electrónico queda prohibido durante toda la prueba. El móvil tendrá que permanecer apagado y guardado.
- **Atención:** No escriba en los recuadros sombreados; son espacios reservados para la calificación de las tareas.

PUNTUACIÓN: / 10



TASK 1 (6 X 0.4 marks = 2.4 marks)

Read the following text about the reasons why we should travel the world. Match each paragraph (1-6) to the most appropriate heading (A-I). There are TWO EXTRA headings that you do not need. Write your answers in the table provided. Paragraph 0 is an example.

MARK

A Few Reasons Why You Should Travel The World

Paragraph 0

You can't help but to enjoy each moment when you're travelling. You won't have time to remember the past, or worry about the future. You'll see so many new, amazing things, you'll find that you really love just being in the present.

Paragraph 1

You'll make great friends from around the globe and you'll get to see things from different perspectives. You'll keep in touch with them over time, and they might even let you stay at their house if you go visit them!

Paragraph 2

You can stay in your little corner of the world, or you can experience other ways to live. When you explore other countries, you start to understand why the people there might do certain things or act in certain ways. One of the most amazing things about travelling is that strangers are, most of the times, willing to help when you ask them.

Paragraph 3

If you have difficulty being extrovert, when you travel, you'll interact with so many different people that any insecurity you have will slowly disappear. You'll suddenly have stories to tell, and finding mutual understanding with total strangers will be easy.

Paragraph 4

You could read about the Wonders of the World online, or you can go and see them with your own eyes. Wherever you go, - whether it's the Niagara Falls, the Great Wall of China, or the pyramids of Egypt, you'll be amazed by the magnificence of our planet.

Paragraph 5

Speak to locals to find out how they cook certain dishes, and what ingredients they use. If you ever want to remember your favourite sights and sounds from travelling, you can use similar ingredients to cook up something new! This will remind you of your travel experiences wherever you are.

Paragraph 6

You'll be in a new place, without the usual comforts of home - but you'll be surprised at just how fast you adapt. You'll discover as much about yourself as you do about the world - your confidence will grow, and you'll realize how capable you are of taking charge and getting out into the world.

Adapted from: www.smallerearth.com

	HEADING
A.	Discover how to make friends forever.
B.	Eat as much as you can.
C.	Enjoy new flavours.
D.	Friendships that last.
E.	Learn new things about you.
F.	<i>Live in the now.</i>
G.	Making friends becomes easier.
H.	Open your mind.
I.	See unique things.

Paragraph	Heading	Correction
0.	F	✓
1.		
2.		
3.		
4.		
5.		
6.		



TASK 2 (9 x 0.4 marks = 3.6 marks)

You are going to read a text about falling in love. Fill in the gaps with the most suitable word from the word bank. There are **TWO EXTRA** words that you do **NOT** need. Write your answers in the table provided. Item 0 is an example.

MARK

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FALLING IN LOVE

Loving and being loved adds richness to our lives. Our 0 to feel romantic love develops during adolescence. The kind of love we feel in romantic relationships is its own unique type of love. Teens all over the world 1 passionate feelings of attraction. That feeling of liking someone helps us feel important, understood and secure. Even in cultures where people are not 2 to act on or express these feelings, they're still there.

It's a natural part of 3 to develop romantic feelings and sexual attractions to others. The kind of love we feel for a parent is different from our love for a baby, a brother, a best friend or a romantic partner. These new feelings can be exciting — or even 4 at first.

Love is such a powerful human emotion that experts are constantly studying it. They've discovered that love has three main qualities:

- **Attraction** is the "chemistry" part of love. It's all about the 5 - even sexual - interest that two people have in each other.
- **Closeness** is the connection that 6 when we share thoughts and feelings that we don't share with anyone else.
- **Commitment** is the promise or decision to stick by the other person through the ups and downs of the relationship.

These three qualities of love can be 7 in different ways to make different kinds of relationships. For example, closeness without attraction is the kind of love we feel for best friends. We share secrets and 8 stuff with them, we support them, and they stand by us. But we are not romantically interested in them.

Romantic love is when attraction and closeness are combined [...]

For people falling in love for the first time, it can be 9 to tell the difference between the intense, new feelings of physical attraction and the deeper closeness that goes with being in love.

Adapted from: www.medium.com

WORD BANK			
ability	allowed	combined	confusing
develops	growing up	hard	left
notice	personal	physical	realize

0. ability	✓				
1.		2.		3.	
5.		6.		7.	
9.					

**TASK 3 (10 X 0.4 marks = 4 marks)**

Read the following text about sleep problems and decide which of these sentences (1-10) are true or false according to the text. Write T (TRUE) or F (FALSE) in the table provided. Sentence 0 is an example.

MARK**Do You Have Trouble Sleeping?**

Research shows that teens need at least 8½ hours of sleep a night. You don't need to be a maths genius to discover that if you wake up for school at 6:00 a.m., you'd have to go to bed at 9:00 p.m. to reach the 9-hour mark. Studies have found that many teens have trouble falling asleep that early, though. It's not because they don't want to sleep. It's because their brains naturally work on later timetables and aren't ready for bed.

During adolescence, the body's circadian rhythm (like an internal biological clock) is reset, telling a teen to fall asleep later at night and wake up later in the morning. This happens because a teen's brain makes the hormone melatonin later at night than the brains of kids and adults do. Melatonin and another hormone, serotonin, help regulate a person's sleep-wake cycles.

So, teens have a harder time falling asleep. Sometimes this delay in the sleep-wake cycle is so severe that it affects a person's daily activities. In those cases, it's called 'delayed sleep phase' syndrome or 'night owl' syndrome.

This isn't the only reason teens lose sleep, though. Lots of people have insomnia — trouble falling or staying asleep. The most common cause of insomnia is stress. But all sorts of things can lead to insomnia, including physical discomfort (the congested nose of a cold or the pain of a headache, for example), emotional troubles (like family problems or relationship difficulties), and even an uncomfortable sleeping environment (a room that's too hot, cold, bright, or noisy).

It's common for everyone to have insomnia from time to time. But if insomnia lasts for a month or longer with no relief, then doctors call it chronic. 'Chronic insomnia' can be caused by a number of different problems, including medical conditions, mental-health problems, medication side effects, or substance abuse. People with chronic insomnia can usually get help for it from a doctor or therapist.

Worrying about insomnia can make it even worse for some people. A brief period of insomnia can build into something longer lasting when a person becomes anxious about not sleeping or worried about feeling tired the next day. Doctors call this 'psychophysiological insomnia'.

Adapted from: www.kidshealth.org

	Sentence	T/F	Correction
0.	Teens need around 8-9 hours of sleep.	T	✓
1.	Going to sleep at nine in the evening causes problems to teenagers.		
2.	Teens' circadian rhythm makes them feel sleepy earlier at night.		
3.	An adult's circadian rhythm is different from that of a teenager.		
4.	Melatonin makes falling asleep harder for teenagers.		
5.	The night owl syndrome takes place when you go to sleep early.		
6.	If you cannot fall or stay asleep at night you have the 'night owl' syndrome.		
7.	Stress is the only reason why many people suffer from insomnia.		
8.	Irregular insomnia is a frequent problem.		
9.	Chronic insomnia may lead to drug addiction.		
10.	When you worry about the lack of sleep you suffer from 'Psychophysiological insomnia'.		

CLAVE DE RESPUESTAS – COMPRENSIÓN DE TEXTOS ESCRITOS NIVEL INTERMEDIO B1 DE INGLÉS – PCEI PARA POBLACIÓN ESCOLAR – CONVOCATORIA ORDINARIA - CURSO 2022/23

TASK 1 (6 X 0.4 marks = 2.4 marks)

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MARK

	HEADING
A.	Discover how to make friends forever.
B.	Eat as much as you can.
C.	Enjoy new flavours.
D.	Friendships that last.
E.	Learn new things about you.
F.	<i>Live in the now.</i>
G.	Making friends becomes easier.
H.	Open your mind.
I.	See unique things.

Paragraph	Heading	Correction
0.	F	✓
1.	D	
2.	H	
3.	G	
4.	I	
5.	C	
6.	E	

N.º respuestas correctas	1	2	3	4	5	6
Puntuación	0,4	0,8	1,2	1,6	2	2,4

TASK 2 (9 x 0.4 marks = 3.6 marks)

You are going to read a text about falling in love. Fill in the gaps with the most suitable word from the word bank. There are **TWO EXTRA** words that you do **NOT** need. Write your answers in the table provided. Item 0 is an example.

MARK

0. ability	✓								
1. notice	✓	2. allowed	✓	3. growing up	✓	4. confusing	✓		
5. physical	✓	6. develops	✓	7. combined	✓	8. personal	✓		
9. hard	✓								

N.º respuestas correctas	1	2	3	4	5	6	7	8	9
Puntuación	0,4	0,8	1,2	1,6	2	2,4	2,8	3,2	3,6

**TASK 3 (10 X 0.4 marks = 4 marks)**

Read the following text about sleep problems and decide which of these sentences (1-10) are true or false according to the text. Write T (TRUE) or F (FALSE) in the table provided. Sentence 0 is an example.

MARK

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	Sentence	T/F	Correction
0.	<i>Teens need around 8-9 hours of sleep.</i>	T	✓
1.	Going to sleep at nine in the evening causes problems to teenagers.	T	
2.	Teens' circadian rhythm makes them feel sleepy earlier at night.	F	
3.	An adult's circadian rhythm is different from that of a teenager.	T	
4.	Melatonin makes falling asleep harder for teenagers.	T	
5.	The night owl syndrome takes place when you go to sleep early.	F	
6.	If you cannot fall or stay asleep at night you have the 'night owl' syndrome.	F	
7.	Stress is the only reason why many people suffer from insomnia.	F	
8.	Irregular insomnia is a frequent problem.	T	
9.	Chronic insomnia may lead to drug addiction.	F	
10.	When you worry about the lack of sleep you suffer from 'Psychophysiological insomnia'.	T	

N.º respuestas correctas	1	2	3	4	5	6	7	8	9	10
Puntuación	0,4	0,8	1,2	1,6	2	2,4	2,8	3,2	3,6	4